

The Me-Side of Style

styling for the single ladies on a budget!

While all single women do not resemble Carrie Bradshaw of *Sex & the City* in her fashion-craved behavior, many do struggle with debt like she did. Carrie lived in debt because of uncontrolled spending on designer clothes and shoes. Studies confirm that single women generally have more debt than their married counterparts.

But do not let this get you in a funk if you have style and love fashion.

You can still express your singleness without breaking your bank. The following guidelines are for me-side styling of single women, a style that challenges messages regulating women's dress patterns. Dressing like a single woman is an act of resistance to the standards imposed on women.

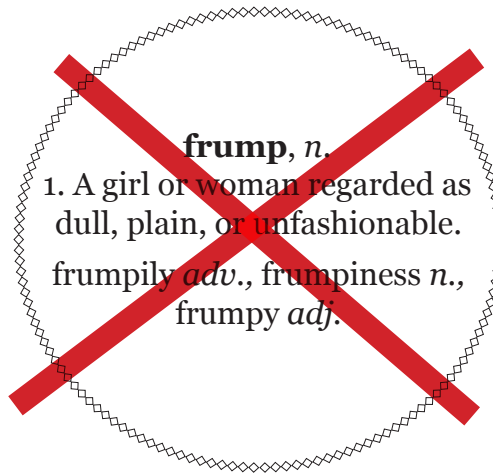
Compiled by Akudo Nwankpa

1 Don't wear makeup (unless you actually want to). This is typically the advice most people give to women who are looking for attention from male prospects. But you are not.



5 Skinny jeans are torture tools training the body for space compression.

2 Dress for comfort. If you hate skirts, trash them. Are your bras uncomfortable? Burn them. Don't sacrifice the comfort of your body for any contraption used to enhance "femininity"



4 Un-match your underwear. Who exactly are you matching your underwear for??? Don't be a slave to Victoria's Secret.

3 Ditch those calf-raising stilettos. Flats go with everything. Corns don't.



These basic styling tips reflect the single woman's stance against traditional idea on female appearance. It expresses solidarity among single women and encourages individuality through choices.